

BACK TO SCHOOL CHECKLIST

A little extra planning and preparation can make all the difference in a smoother back to school experience. Try a few of these ideas.



- Go through the new books to help your child to be familiar with what they will have in their desk.
- Colour code the book coverings according to the subject area (Red for English, Spelling and Handwriting. Blue for Maths etc.).
- Use the same colours for the books on the timetable when it is available, or in the diary.
- Choose suitable/modified writing tools like our [Grip Pencil](#) and [U Pencil](#).
- Give "[Lex and Me](#)" to the teacher, no matter what year level.
- Help your child to practise organising their belongings in their desk.
- Practise saying and writing the new teacher's name(s).
- Practise some [Naughty Words](#) with your child so that they are confident with more words before school starts.
- Discuss the positive and negative aspects of the first day back and encourage your child to plan how they might cope in certain situations.
- Talk about what they like doing at school and focus on their success in these areas.